



# Green House Menu



*The Green House menu is fully vegetarian - Please ask for VEGAN and GLUTEN FREE OPTIONS and please tell us if you have any ALLERGIES.*

## Breakfast

Avocado on toasted sour dough (served with sweet chilli sauce)	VE, V, GF avail	£4.75
Mushrooms on toasted sour dough	VE, V, GF avail	£4.75
Jude's Home-made Cheesy Baked Beans on toast	VE, V, GF avail	£5.75
Toasted crumpets (2) with butter and lemon curd or jam	VE, V, GF avail	£3.00

## All day toasted snacks

2 slices of toast with butter (& jam)	VE, V, GF avail	£3.00/£3.30
Toasted teacake with butter (& jam)	V	£3.00/£3.30
Toasted cheese scone with butter	V	£3.00
Toasted cheese scone with cream cheese and chilli jam	V	£4.00
<b>Toasted Bagels with selection of delicious fillings:</b>	VE, V, avail	
Cream cheese & spring onion, peanut butter & jam, 'chuna mayo', egg mayo.		£4.50

<b>Green House home-made soup of the day</b> with roll and butter	VE, V, GF avail	£5.50
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## Open sandwiches

Cheesy spring onion mix served on 2 slices of granary bread	VE, V, GF avail	£5.75
"Chuna" mayo on lightly toasted granary bread (chickpea, celery, fine onion & mayo topped with spring onion)	VE, V, GF avail	£6.50
Egg Mayo (simply) served on 2 slices of granary bread	VE, V, GF avail	£5.75

## Comfort food

### Jacket Potatoes - filled with:

Jude's home-made cheesy beans	VE, V, GF avail	£7.75
'Chuna' mayo (chickpea, celery, fine onion & mayo)	VE, V, GF avail	£7.75
2 X Savoury crumpets (Pizza style - Mushrooms, peppers and cheese grilled to golden perfection - inspired by Anita from Cockermouth)	VE, V, GF avail	£6.00

### Toasted Sandwiches served with Green House Slaw

Cheese & Onion/Cheese & Tomato	VE, V, GF avail	£5.50
French Brie and cranberry	VE, V, GF avail	£6.50
Gouda & Mushroom	VE, V, GF avail	£6.50

**\*PLEASE SEE THE GREEN HOUSE SPECIALS BOARD\***



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## Cakes and Desserts - types will vary – see chill cabinet

### Various allergens - (please ask)

Custard slices	V	£3.00
Chocolate/Carrot/Coffee Cake	V	£3.00
Lemon Drizzle	V	£2.50
Tray bakes (e.g. millionaires shortbread/Peppermint crunch/Blackcurrant crumble VE)	VE, V, GF avail	£2.00
Fruit Scone with butter and jam	VE, V	£3.00
Fruit Scone with jam and clotted cream or dairy free cream	V, VE available - please ask	£3.50
<b>Cream Tea - fruit scone served with jam and clotted cream and a pot of tea per person</b>	V, VE available - please ask	£5.50

### **Hot Drinks (Dairy Free Milk always available)**

Pot of Tea for 1		£2.00
Speciality teas (peppermint/fruit/earl grey/English Breakfast)		£2.25
Filter Coffee/Americano per cup		£3.00
Cafetiere per person		£3.50
Espresso		£2.50
Cappuccino		£3.00
Flat White		£3.00
Latte		£3.00
Mocha		£3.00
Hot Chocolate		£3.00
Hot Chocolate Special - with all the trimmings!		£3.50

### **Cold drinks**

Still/Sparkling Mineral Water		£1.75
Presse - Elderflower/Apple/Pomegranite & Elderflower		£1.75
Canned drinks		£1.50
Orange Juice/Apple juice (glass)		£2.00
Pure pressed Pineapple juice - (bottle)		£2.00
Bottle Chilled Tap water		FOC

GF – Gluten Free

V – Vegetarian

VE – Vegan

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